# **INFORMATION SHEET**



## **Parent Information Network**



# **Other Health Impairments**

### What are Other Health Impairments?

Arizona Revised Statutes (ARS) §15-761(20) state: " 'Other health impairments' means limited strength, vitality or alertness, including a heightened alertness to environmental stimuli, due to chronic or acute health problems which adversely affect a pupil's educational performance."

Additionally, in the implementing regulations for the Individuals with Disabilities Education Improvement Act (IDEA '04), §300.8 (c) (9), states that "...the limited alertness with respect to the educational environment..."

- (i) "is due to chronic or acute health problems such as asthma, attention deficit disorder or attention deficit hyperactivity disorder, diabetes, epilepsy, a heart condition, hemophilia, lead poisoning, leukemia, nephritis, rheumatic fever, and sickle cell anemia; and
- (ii) adversely affects a child's educational performance."

Other health impairment (OHI) refers to a variety of health problems that dictate the need for special education services. In addition to the health problems noted above, OHI may also include convulsive disorders, cystic fibrosis, tourette syndrome, AIDS, asthma, cancer, neurological disorders or any other chronic or acute health problem provided that the pupil's educational performance is adversely affected.

A child may be determined by a multidisciplinary evaluation team (MET) to have OHI if a health problem, such as those listed above, limits the student's strength, vitality, or alertness; adversely affects the student's educational development; limits the amount of time or days that a student can attend class; and the student needs special education and related services in order to make educational progress.

Assistive technology (AT) services should be considered during the comprehensive evaluation process. A child with OHI may benefit from environmental or curriculum modifications, low technology items to high technology devices.

If a child with a health problem is not eligible for special education and related services under IDEA '04,

he/she may still qualify as having a disability under Section 504 of the Rehabilitation Act of 1973. If the child does not qualify under Section 504, the parents may request that the child be considered for eligibility under the district's policies for pupils with chronic health problems under ARS §15-346. The chronic health form ensures amongst other things that the student cannot be expelled due to excessive absences, which relate to the student's chronic health issues.

# **How Common are Other Health Impairments?**

In the 2004-05 school year, 4,451 students in Arizona were classified has having other health impairments and received special education services. This number represents 0.42% of the 1,053,506 students enrolled in Arizona public schools as of October 1, 2004, and accounts for 3.71% of the total special education population.

# What Effect Do Other Health Impairments Have on a Child?

Some children have no restrictions on what they can do and learn. Others may require intensive medical care, be extremely limited in their activities, and need educational assistance. Sometimes a child can be too weak to attend school regularly or lacks the energy or stamina to remain in class long enough to learn. Some illnesses or medications can affect a child's attention and mood, making it difficult for the child to concentrate. Other children may be considered chronically ill, but do not need special education or related services.

### Resources

### **Books for Children**

Carter, A.R. (1996). *I'm tougher than asthma*. Chicago, IL: Albert Whitman & Co.

Dennis, A. & Buttner, T. (1998). *Taming the diabetes dragon*. Valley Park, MO: JayJo Books.

- Smith, M. (1997). *Pay attention, Slosh.* Chicago, IL: Albert Whitman & Co.
- Child and Adolescent Bipolar Foundation. (2003). *The storm in my brain: Kids and mood disorders*. Chicago, IL: Author.

#### **Books for Adults**

- Michael R. Berren, Ph.D. (2004). *A sourcebook for families coping with mental illness*. New York, NY: McMurry Publishing Company.
- American Academy of Pediatrics. (2004). *ADHD: A complete and authoritative guide*. Elk Grove Village, IL: Authors.

## Organizations/Hotlines/Web Sites

- American Diabetes Association of Arizona, 8125 N. 23<sup>rd</sup> Ave., Suite 222, Phoenix, AZ 85021-4961, 602-995-4731, 800-342-2383, www.diabetes.org/home.jsp
- American Heart Association, 5325 E. Pima Street, Tucson, AZ 85712, 520-795-1403, www.americanheart.org
- Arizona Asthma and Allergy Institute, 5605 W. Eugie Ave, Suite 200, Glendale, AZ 85304, 602-843-2991, www.aafa.org
- Arizona Consortium for Children with Chronic Illness, 2101 E. Broadway, Suite 30, Tempe, AZ 85282, 480-557-8445
- Cystic Fibrosis Foundation, 3800 N. Central Ave., Suite 700, Phoenix, AZ 85012, 602-224-0068, www.cff.org
- Enhancing Arizona's Parent Networks (EAPN) www.ade.az.gov/ess/eapn
- Easter Seals of Arizona, 800-626-6061, www.easter-seals.org

- Emily Center, Phoenix Children's Hospital, 1919 E. Thomas Road, Phoenix, AZ 85016, 602-546-1400, www.phoenixchildrens.com/illnesses
- Epilepsy Foundation of Arizona, P.O. Box 25084 Phoenix, AZ 85002, 602-406-3581, 888-768-2690 www.epilepsyfoundation.org/arizona
- ERIC Education Resource and Information Center, 800-538-3742, www.eric.ed.gov
- March of Dimes Birth Defects Foundation, 1616 E.
  Indian School Rd., Suite 200, Phoenix, AZ 85016, 602-266-9933; 7290 E. Broadway, Suite G2, Tucson, AZ 85710, 520-298-5490, www.modimes.org
- National Dissemination Center for Children with Disabilities (NICHY), 800-695-0285, www.nichcy.org
- National Organization for Rare Disorders, 800-999-6673, www.rarediseases.org
- Office for Children with Special Health Care Needs, 150 N. 18<sup>th</sup> Avenue, Suite 330, Phoenix, AZ 85007, 602-542-1001, www.azdhs.gov/phs/ocshcn/index.htm
- Parent Information Network, Arizona Department of Education, Exceptional Student Services, 1535 W. Jefferson St., Phoenix, AZ 85007, 602-542-3852, 800-352-4558, www.ade.az.gov/ess/pinspals
- Pilot Parents of Southern Arizona, 2600 N. Wyatt, Tucson, AZ 85712, 520-324-3150, 877-365-7220, www.pilotparents.org
- Raising Special Kids, 2400 N. Central Ave, Suite 200, Phoenix, AZ 85004, 602-242-4366, 800-237-3007, www.raisingspecialkids.org
- Tourette Syndrome Association, 3400 E. Speedway, Suite 118-94, Tucson, AZ 85716, 520-620-2288, www.tsa-usa.org

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